

# Newsletter - Tamaraikulam Elders Village



# Elders Voice - JULY 2012 'AGE MAY CHANGE BUT WE NEVER CHANGE

HelpAge India, Thamaraikulam elders Village, Periyakanganankuppam,

Cuddalore - 607 002.

# **Contents**

1. Elders' Status

**-03** 

2. Health Status

**-04** 

3. Donations of the Month -04

4. Events of the Month

10

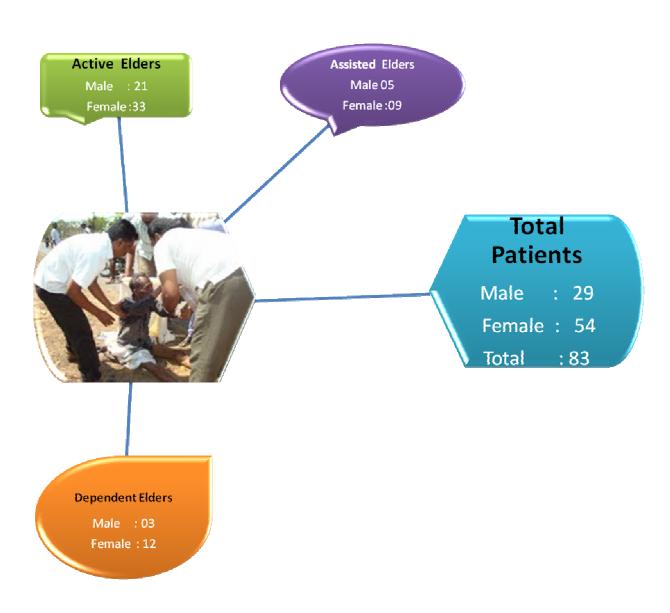
5. Case Study

- 01

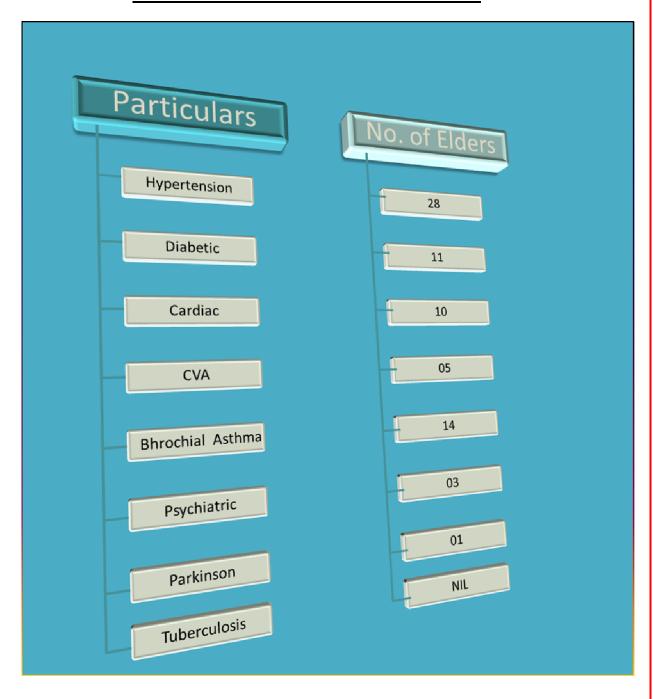
6. Photo Gallery

- 06

### 1. Elders' status in Thamaraikulam



## 2.Health Details in TEV



### DONATION OF MONTH OF JUNE

TEV would like to express gratitude to ARR charities - Chennai for their generous contribution and continuous support of INR one lakh every month to manage Tamaraikulam elders village, and also for the people who have joint under adopt a granny "village' donation program.



On 03.06.2012 Food sponsored by Mr.Shanmugam-Tev Department Elder anniversary. He has also promised to donate food on all anniversaries.



On 04.06.2012 Food sponsored On the occasion Mr.Ponurangam our 37<sup>th</sup>birthday celebration. Food refreshment were donated to the residents. family TEV The expressed that members the birthday was meaningful and they got blessing from the 70 elderly persons of TEV.



• On 08.04.2012 Mr.Annadhi Johnson sponsored Food on the occasion of his 25<sup>th</sup>Birthdayday, He promised to provide food every year



 On 17.04.2012 Food Sponsored by Mr.S.Narayanan Our Mother Mrs.Kaliyannammal 1st Month anniversary day celebration.

### **EVENTS OF THE MONTH**

#### 1.1 MADRAS HIGH COURT JUDGE VISIT AT PUDHUCHERRY

The honorable judge Mr. Ekbal visit to Pudhucherry Govt. High Court. They Arrange Helpage India Meeting and conducting Pudhucherry Judge, Layar, Press, and Tev Elders participated. He wished to participate in that meeting. Totally 30 elder from TEV were participated in that meeting.

Meeting what started 02.00pm Dr.Sathya Babu Deputy Project Director, introduced the members of the V.I.P. He explained about the purpose of that meeting.

- ❖ Third Free bus bass system. Elder Policy to translate of the elder policy English book translate Tamil book.
- ❖ Second Every District allotted Elder's Information center
- ❖ Third Free bus bass system.

Mr.S.V.Iyar senior citizen taken goal. First he asked judge to translate the book of elder policy from English to Tamil second ally. He asked judge to translate the week of elder policy from English to Tamil second ally. Mr.Ekbal accepted the first request of Mr.S.V.Iyar. And also he asked him to wait for some time to attain other two goals. Mr.Ekbal assured him that he will discuss about two goals to Govt.Of Tamil Nadu. After 5.30 pm complete with national anthem. After Tea, Snacks were served to all participate members.

#### 1.2 JUNE 3RD SELF GROUP JOB TRAINING AT CUDDALORE

Dr.Sathya Babu wished to conduct self group job training to TEV Elders. So, he discussed about that plan to one self help group, beach road at Vaniyarpalayam. That Group accepted his request and also they accepted to elder without payment. Totally 25





members from Tev were

brought to that plan by his office vehicle arranged. The training programme was started at 10am. They taught elder how to make vessel with the use of banana their wastage used.

#### 1.3 JUNE 16: SOCIAL WELFARE DIRECTOR, CHENNAI

Dr.Sathya Babu Deputy Project Director Invited Mrs.Jothi Nirmala Devi I.A.S, Social Welfare Director, Chennai. At visit TEV. She accepted his request

and the came to TEV on 16th June at 2.00 pm Dr.Sathya Babu explained her about events of Help Age India. And also he made her the see infirmary, Elder rooms, cow room, meeting hall, etc... His all rooms very clean and neatly. She assured him that she will take responbilities for Tev Elders. She Article brought **IGP** from and Mr.Srinivasan Mrs.Thangam



Ranganayagi couple. She Encouraged all elder to do self help jobs. She went form TEV at 2.45pm.

#### 1.4 V.I.P GH, CUDDALORE MEDICAL SUPERINTENDENT VISIT

Dr.Sathya Babu Deputy Project Director, Dr.Ramachandran Medical Superintendent at Cuddalore Government Head Quarters Hospital. At Visited Tev. On 18<sup>th</sup> June at 03.00pm .Tev Elders invited them happily. They saw infirmary room, meeting hall, kitchen room, cow room etc visited.

After Dr.Sathya Babu explained about HelpAge India schemes, TEV Elders health status, and Management etc.Dr.Ramachandran provided good psychological, exercise, recreational therapy and support to all elders. Tev Elder told he is was very kind person. Dr.Sathya Babu asked them about the IGP Article from Elder. They brought IGP Article from Mrs.Lakshmi and Mrs.Meera.They Encouraged elder to do self help job. There after Dr.Sathya Babu asked them to donate for elder. Thus gave donation to tev and assured him to provide food t on 4th& 8th day from TEV.

#### 1.5 CHIDHABARA NATARAJAN PERUMAL TEMPLE VISIT

TEV Elder they relaxation therapy to be arranged temple visit. From Chithabaram Natarajan temple. They alloted 22 members active elder's to visit temple.

With special prayer on the way uself, they will perform special poojas to the concern god and goddesses. This is will be celebrated in great manner.

The made plea to us on regard of worshipping the Chithabaram Natarajan at chithabaram. Considering their plea, we arranged vechicle, for rhe 22 elders in the TEV.

On the fine day the visited the temple and worshipping the god with good faith and belief. Some of them bursted out of





bears and said we have nerver seen this temple before and this also inforgottable day for us, and enjoyed the trip like any thing further, they said we are relased and fully satisfied with gods show.

All the 22 members stayed whole day at temple. While returing, they thanked the whole HelpAge India team for great gesture. They all me relaxed and happy.

#### 1.6 RELIGIOUS TALK BY SHRI.KRISHNAN.

Dr.Sathya Babu wished elder to get peaceful mind. So he planned to conduct religious speech for elder. He



invited Swami.Shri.Krishanan cuddalore to tev for religious talk mass bajan was organized



at TEV by Swami.Krishnan Cuddalore. All the elders attended the bajan. Swami. Krishnan delivered a speech on "God and Mind", Maha Mantras for attaining motcham.

So every Friday 4-6 pm Conducting bajan, yoga and meditation

#### **BB1.7PADDY- NURSERY PREPARATION**

Dr.Sathya Babu Encouraged elder prepare rice by themselves. Tev Elder obeyed is request and they started to prepare rice. First day land. They removed waste plans to land. They brought seeds from shop and then spread them in land. It will be harvested on month of September and 800kg rice will be got by harvesting. They hay will be food to cow s an of. The rice will be utilized by Tev Elder. This will be good gain to TEV.

Labours are getting work in Tev by this plan. 15

Elders are doing this work for every day. They are very happy to do this work.

### 1.8 DEAN, ARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL, VISITED TO TEV.

Dr.Sathya Babu Wished to conduct health programme to elder to find out disease condition. So he discussed this plan to Dean, A.V.M.C & Hospital. He accepted request and he made one visit on 28th June at 2.00pm. Dr.Sathya Babu Invited Happily. First the Doctor room, Palliative cares Ward, Pharmacy; Treatment room was shown to Dean by Dr.Sathya Babu. He was very happy to h

Dr.Balasubaramaniyam they visit in TEV. The Invite Dr.Sathya Babu Deputy Project Director.

The TEV Elder health status and home run the schemes great explanation Dr.Sathya Babu.

Dean as to TEV gives permission to our TEV

Home. My Hospital conducting the master health

checkup and also free cost of food and accommodation include traveling alones.

So please send that 05.07.2012 Tev elders.

Dr.Sathy Babu accepted and permission should be given.

#### 1.9 ELDERS MEETING AT TEV

All the residents are made to in Meeting hall, Dr. Sathiyababu-Deputy Director discussed about the routine activities of the committee's members of TEV. Each and every activity there will be a committee, where the interested residents will be the members of this committee this was insisted because of active aging etc. Watering committee is requested to give special attention to grass, because due to summer grasses are getting dry. Like wise various committees were enacted the elders to own the TEV and realize the role and responsibilities.

#### 2.0 DOCTORS FROM MGMC & RI VISITED TEV

Every Tuesday doctors from Research Institute came to TEV and visited all elders. Interacted with them, and asked their likes and dislikes. They also made routine check up. Residents happy in answering the doctors they answered very cheerfully. Dr. Sathiya Babu (DPD, Project Management Office) presented the various activities and the Concept of TEV. Residents were happy and thankful to them for this kind gesture. They also requested them to visit as if they find, leisure time.

After visit, doctors said in spite of our interaction we came to know about various elders problems, which we have Ceuroled them and treated with at per excellence. They also promised they with vent when ever they find time, which the elders care is very important.

#### PHOTO GALLERY





Social Welfare Director Visit Infirmary room they asked elder health condition.

Tev Elder Self group Job attain the training programme





Arupadi Veedu Medical College & Hospital Dean, Visit Tev. Request for Medical Camp Conducting Programme at DPD.

TEV elders –nursery paddy preparation





Samiji. Mr.Krishanan visited tev at conducting yoga and Meditation for every week Friday

Tev Elder visits the Chidambaram Natarajan Temple.





Mrs.Chellammal

Date Of Entry: 21.06.2012

Dependent Elder, Neglected family Members, From Manjakuppam,

Recommended By EFE

Mrs.Meenatchi

Date Of Joining: 29.6.12

Active Elder from Malainur. son & daughter Recommended By EFE

#### **CARE STUDY**

bMrs.Savithry, 65 yrs native of cuddalore. No information about her parents but knew about adapted parents brought by Muslim family. At the age of 3 savithry was found at temple by Muslim family bring into bring as servant. Sexual harassment started at 18 years by a stranger farm labor and had pregnancy.



She again married Mr. Kuppusamy, Daily wage labour and had two sons. Due to diseases her husband passed away and her sons left without taking care Mrs. Savithry. She owned a small bicycle repair shop for her livelihood. Since there is no financial support to renovate and run the shop this situation equipped her as a beggar. While crossing the road at cuddalore hit by a vehicle and retain unconscious 3 days in road side. Elder for Elder foundation took initiative with the Help of project Management office Cuddalore team arrived the spot and arranged treatment in District. Govt Hospital cuddalore then enrolled as resident in Tamaraikulam With the Help of Elder for Elder Foundation.